

## December 2021

## THIS MONTH

12.15 & 12.16 | FINAL EXAMS 12.17 - 1.2 | WINTER BREAK 12.25 | CHRISTMAS DAY 12.26 | KWANZAA BEGINS

12.6 | LAST DAY OF HANUKKAH

## Links to Love

<u>eCampus Website</u> <u>eCampus Counseling Page</u> <u>Mental Health Resources</u> <u>PUSD Homepage</u>



a note from your counselor

Happy Holidays, eCampus families! It is hard to believe the school year is nearly half over! We are learning so much about how eCampus operates as a full-time school, and making adjustments all the time based on the needs of our students. Thank you for your continued support and grace as we work to close out the semester.

CONTACT INFO

Mrs. Allison Salari Lead Counselor 623-412-5340 <u>ASalari@pusd11.net</u>



<u>Book a Teams Meeting</u>



All eCampus high school classes have a final exam to be taken 12/15 or 12/16! Follow the steps below to make sure you are ready to take your exams.

- Follow <u>this link</u> to schedule your exams -Schedule one slot for each exam you need to take. You will be able to choose order in which you take your exams.
- 2. <u>Email Mrs. Salari</u> if you have testing accommodations in your IEP or 504 plan.
- 3.Plan your transportation to <u>Peoria High</u> <u>School</u> for testing days!
- 4. Make sure you bring a picture ID with you on your scheduled testing day(s).
- 5.Get a good nights sleep and eat a good breakfast the day of testing!

Winter Wonderland Word Search

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	0	Y	M	В	L	Ι	Z	Ζ	Α	R	D	W	Т	Ι
MITTENS	Μ	I	Ε	0	0	Μ	Κ	0	R	Т	Α	0	С	Т
SKIING	Y	D	С	z	S	Ν	Ζ	0	Α	С	Μ	D	S	Ι
SCARF	I	Ν	Η	0	Т	C	0	С	0	Α	0	K	В	Μ
SLEDDING	В	Е	Ν	В	Т	L	0	Ι	Ι	Т	Ι	S	Т	С
BLIZZARD	Т	Т	Ν	S	В	S	Ν	0	W	I	Н	D	S	Т
	Ε	Μ	В	С	0	С	Ζ	Ζ	Ν	0	L	L	0	Ζ
HOT COCOA	0	Ι	0	0	0	Ι	S	G	Ζ	G	R	Ι	S	0
FAMILY	D	Ι	Η	Α	Т	S	S	L	Ε	D	D	Ι	Ν	G
COAT	В	0	D	Т	S	С	М	Е	Κ	L	0	F	S	С
BOOTS	0	Ι	Α	S	С	Α	0	В	0	0	S	0	S	R
	Е	I	K	Α	0	R	G	F	Α	М	I	L	Y	S
* SNOW	Ν	Т	0	L	Α	F	С	N	E	0	Ν	R	С	Ι
	0	Μ	Μ	Ι	Т	Т	Ε	N	S	S	L	Α	Y	S



"Where, after all, do universal human rights begin? In small places, close to home — so close and so small they they cannot be seen on any maps of the world. Unless these rights have meaning there, they have little meaning anywhere. Without concerted

citizen action to uphold them close to home, we shall look in vain for progress in



Advocating human rights can be as simple as kindness and empathy for others. Now as much as ever, it is our job as humans to care for one another and step up for others and show kindness. Here are some practical things

we can all do to promote human rights:

- Take the time to learn about other cultures in effort to increase empathy and awareness.
- Participate in the UN's Human Rights Campaign by sharing #StandUp4HumanRights on social media to promote equal dignity and rights for all. Learn more about this campaign <u>here</u>.
- 3. Get involved! Donate money, time, or online advocacy to an organization that promotes human rights. <u>Here is a list</u> of several local Arizona organizations that advocate various causes pertaining to human rights.
- Make a commitment to kindness to strangers. Check out this <u>Kindness</u> <u>Calendar</u> for ideas!